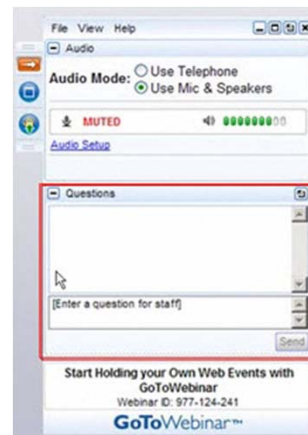


Webinar Presentation

Clinical Pearls & Protocols

Housekeeping

- Go-to-Webinar Control Panel
 - Minimize if it covers slides
- Audio
 - Use computer speakers OR
 - You may select "Use Telephone" in the control panel
 - Toll: (702) 489-0004
 - Access Code: 194-649-748
 - Audio PIN: shown in the "Audio Setup" box of your control panel
 - Webinar ID: 513-016-262
 - Raise hand if you can hear us
 - All viewers are muted
- Will address Q&A at end



Housekeeping

- Archive will be posted on Monday
 - Sign in at www.ColoradoMESA.org
 - Go to Classroom, Webinar Archives

3



Intro to The Colorado M.E.S.A Initiative

- The Colorado M.E.S.A. Initiative
 - Medicare Experts / Senior Access
 - Be adept at Medicare coding & documentation so you are paid fairly for work
 - Be comfortable serving patients with dementia & other geriatric syndromes
- A collaboration:
 - Donald Murphy, MD, founder and faculty member
 - Alzheimer's Association, Colorado Chapter
 - Funded through grants from The Colorado Health Foundation, The Kaiser Permanente Foundation, and Caring for Colorado

4



Donald Murphy, MD

- Graduate of Notre Dame and the University of Colorado School of Medicine
- Geriatric fellowship at Harvard Medical School
- Started Senior Care of Colorado practice in 2001 (now part of IPC The Hospitalist Company)
- Voted into 5280 Top Docs multiple years by peers
- Founded The Colorado MESA Initiative in 2009



5



Gregory Gahm, MD



- Medical Director for 11 LTC facilities
- Associate Clinical Professor of Medicine in Dept. of Geriatrics at University of Colorado Medical School
- President of Colorado Medical Director's Association
- Colorado native!
- Graduated from the University of Colorado
- MPH in Medical Informatics and Administrative Medicine from Harvard

6



MESA Pearls & Protocols Document

7

Colorado
M.E.S.A.
Initiative 
Medicare Experts/Senior Access
Innovations in Geriatric Practice and Alzheimer's Care

Pearls & Protocols
A guide to primary care for older adults



8

Pearls & Protocols Document

- Many of you have first edition from 2010
 - Still available on our website
 - Log in and navigate to Classroom, Downloads & Links, Clinical Geriatric Care
- Second edition
 - Authored by Dr. Gahm with input from/review by Dr. Murphy
 - Features the most common disease states in geriatric patients
 - Melds the latest from journals with practical, everyday experience with patients in the field

9



Pearls & Protocols Document

- Second edition (*continued*)
 - Going to press soon and will be mailed directly to clinicians who signed in at a MESA II workshop (March 2011 - present)
 - If you did not attend a workshop and would like a copy, email HLeMaster@ColoradoMESA.org
 - Electronic PDF version will be posted to MESA website
 - Please share/distribute it freely!

10



Some of Our “Favorite” Pearls & Protocols

11

Key Pearls & Protocols

- Anticoagulation

12



Key Pearls & Protocols

- Clysis

13



Key Pearls & Protocols

- Chronic obstructive pulmonary disease (COPD)
 - Avoiding duplicate therapy

14



Key Pearls & Protocols

- Congestive heart failure (CHF)
 - Change in philosophy from first edition

15



Key Pearls & Protocols

- Use of psychotropic medications
 - Controversial
 - Balance of practice, regulation, pharm industry

16



Key Pearls & Protocols

- Diabetes
 - Difference in approach between frail elderly and younger population

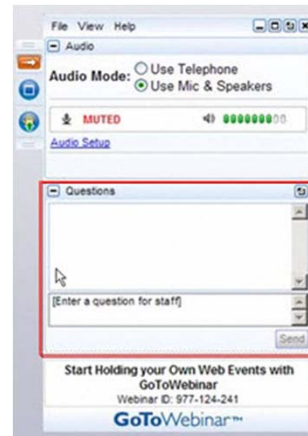
17



Q&A, Wrap-Up

Q&A

- If you would like to ask any questions, please type them into the “Questions” box in your Go-to-Webinar control panel now



19



Reminders: MESA Website

- Use the resources on www.ColoradoMESA.org
- Sign in to access
- Webinar archives and handouts
- Videos
- Documents and links

20



Reminders: Upcoming Workshops

- Loveland
 - Tuesday, April 30, 5:30 - 7:00 pm, Medical Center of the Rockies
- Boulder
 - Tuesday, May 7, 5:30 - 7:30 pm, A Spice of Life Events Center at Flatiron Golf Course
- Fort Collins
 - Thursday, May 9, 5:30 - 7:30 pm, Jay's Bistro in Old Town
- Boulder
 - Friday, May 10, 7:00 - 8:30 am, Frasier Meadows Retirement Community

21



Reminders: Use the Rapid Referral Form!

Download from our website
www.ColoradoMESA.org

- Log in
 - Go to Classroom
 - Downloads & Links
 - Alzheimer's Rapid Referrals
- Be sure to choose the correct form for your region
- Refer your patients and caregivers for expert support services

22

alzheimer's association

RAPID REFERRAL

No Cover Sheet is Needed

FAX TO: COLORADO CHAPTER HELPLINE
 FAX NUMBER: 303-813-1670 (Denver Metro Office)
 DATE: _____
 Participant: _____
Please PRINT first and last names to ensure legibility.

____ I am a person diagnosed with dementia.
 ____ I am a caregiver for a person with dementia.

I give my permission to (referring provider):
 Name: _____ Title: _____
 Phone: _____ E-Mail: _____

give my name and telephone number to the Alzheimer's Association Colorado Chapter, so that the Helpline counselor can contact me about the support and educational opportunities that are available.

I understand that my name and phone number will not be given to any other agency other than for the purpose stated above. This form will expire on the following date: _____

I understand that I can revoke my permission at any time by contacting the above named referring provider.

Signature: _____
 Verbal Permission: _____
 Participant Phone (home) _____ (work) _____

ALZHEIMER'S ASSOCIATION COLORADO CHAPTER
 Office: 303.813.1669 Fax: 303.813.1670
 24-Hour Helpline 800.272.3900

MESA 2

Reminders: Next Webinar

- Friday, May 10
- 12:15 - 12:45 pm
- Transitional Care Management
- Sign up now at our website

23



©2013 The Colorado Health Foundation. All Rights Reserved. The content of this presentation has been created through grants from The Colorado Health Foundation. The content is the property of the Colorado Health Foundation. Third parties are expressly prohibited from using this content in exchange for compensation.

Disclaimer. The Colorado M.E.S.A. Initiative does not provide legal advice regarding Medicare coverage or reimbursement matters. In no event shall The Colorado Health Foundation or any individual or organization involved in funding, coordinating, developing content for, or presenting this program be liable for any indirect, special, or consequential losses or damages suffered by any viewer of this presentation, any participant in The Colorado M.E.S.A. Initiative, or any third party.